

# Daily Parent & Child Activities: October 2020

Monthly Theme: 5 Senses

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> <b>1-2</b>	<b>Parents Remember to ALWAYS include these Daily Learning Activities:</b>  Counting 1-10 • Alphabet Song • Recite 1-2 Nursery Rhyme Review primary colors (red, yellow, blue) Read with your child!!			<b>Introducing the 5 Senses</b> Talk about the 5 senses and the associated body parts. Hearing-ear, sight-eye, smell-nose, touch-skin, taste-mouth.	<b>Review 5 Senses</b> Review the 5 senses and the associated body parts. Hearing-ear, sight-eye, smell-nose, touch-skin, taste-mouth. Younger children you touch and name the body part or place their hand on it as you name it.
<b>Week 2</b> <b>5-9</b> October 5-9, 2020 Fire Safety Week	<b>Stop, Drop, and Roll</b> Introduce "Stop, Drop, and Roll" Stop moving, Drop to the floor or Ground. Roll covering your face or the part of the body that is on fire Demonstrate and encourage child to try. Talk about firefighters and what they do	During dinner talk about the color, smell, taste and texture of the food being served. Review the body parts associated with each and have child point to the body part. For younger children you touch and name the body part or place their hand on it as you name it	<b>911 Rap</b> <a href="http://www.youtube.com/watch?v=s-5FqaWTjac">www.youtube.com/watch?v=s-5FqaWTjac</a> Talk about 911 with your child.	<b>"What's in the Sock"</b> Find a colorful sock and place an item in the sock. Let child feel and try to guess what it is. Suggested items: block, crayon, toy, spoon, or any familiar item to the child.	<b>Practice Stop! Drop! And Roll!</b> Take a tour in your home and point out to smoke detectors. Talk about the sound made if smoke is detected.
<b>Week 3</b> <b>12-16</b>	<b>Find the Color</b> Oh can you find the color ___(red) the color___ the color___ Oh can you find the color___ somewhere in this room. continue with other colors Assist younger children with finding colors. Only present 1 color at a time.	<b>My Letter</b> Identify the first letter of your child's name. Say it, print it, talk about other words that begin with the letter. Recite using your child's letter: A, A, A- Ann begins with the letter A	<b>"Color Collage"</b> Provide colored paper, allow child to tear paper then glue it on a large piece of paper. Talk about the colors as the child creates their collage. What colors did you use?	<b>Exploring Sounds</b> Use a variety of materials to make noise markers. Try beans/peas, pasta in toilet paper rolls or small jars. Ask child to shake high, low behind, etc Babies can shake a favorite rattle. Talk about the sound, point to ears and say ears.	<b>Take a sound and sight walk</b> Talk about what you hear and see. List the items, older children can draw then later. Review lists and imitate sounds
<b>Week 4</b> <b>19-23</b>	<b>Sensory Dancing</b> Listen to a song and move to the music (fast, slow, etc.). Use scarves, ribbons, etc. consider spraying with perfume. Talk about the smell. Talk about the sense being used. Ask what things they like to smell	<b>Finish the Story</b> Start telling a story and let your child make up the ending. For younger children recite a nursery rhyme and and encourage them to join in.	<b>"Touch Song"</b> (Tune-The Farmer in the Dell) The ball is so smooth, the ball is so smooth. Heigh-ho the Derry-oh! The ball is so smooth. Continue with rock, cotton ball, etc.	<b>"Hot and Cold"</b> During meal time talk about the hot and cold items being served. Review hot and cold during bath time with the water temperature. Think of other opposites to introduce to your child.	<b>Leaf Walk</b> Together collect fall leaves, count the different shapes, and talk about the colors. Mix red and yellow crayons to make orange. Play "I Spy" orange in your home. How many items did you find?
<b>Week 5</b> <b>26-30</b>	<b>What Is Missing?</b> Put 2 objects on the floor/table. Ask child to close eyes as you take one away. Then, ask child to guess what is missing. For older children use more items. Play Peek-a-boo with infants/toddlers	<b>Reading together</b> Introduce your child to a new picture book. The more words children hear you read, the more prepared they are to communicate.	<b>Exploring Sounds</b> Listen for sounds in your home. Ask child to identify the source. Make Babies can shake a favorite rattle. Talk about the sound, point to ears and say ears.	<b>Feely-Touchy Game</b> Put items of different textures inside a container. Take an item out and say "this smooth or ask older children to describe. Allow child to put item back into container continue with next item. Use a texture board with younger children and provide descriptive words (rough, bumpy, smooth, soft)	<b>Review</b> Review the 5 Senses and body parts, and Stop, Drop and Roll!

## Fun Learning Activities and Links:

### The Five Senses

Five Senses Science Activities <https://youtu.be/QBZIIALAZ5I>

The Five Senses: Binocos Show-<https://youtu.be/q1xNuU7gaAQ>

Five Senses Song-<https://youtu.be/vXXiyIGqliE>

Kids Vocabulary- Five Senses: <https://youtu.be/LNajQTnZviQ>

My Five Senses (Read Out Loud)- <https://youtu.be/8FW2jQqweOg>

The Five Senses for Kids- <https://youtu.be/XUMiPK6LZBI>



### Home Safety Tips for Parents:

[https://www.safekids.org/sites/default/files/documents/home\\_safety\\_tips.pdf](https://www.safekids.org/sites/default/files/documents/home_safety_tips.pdf)

### Tips to Protect your Baby:

<https://safekids.org/baby>

### Tips to Protect your

### Preschooler:

<https://safekids.org/little-kids>



We encourage our families to keep sending pictures and videos of your Home at Head Start learning experience. You can send pictures to :

[elarning@thebjeoc.org](mailto:elarning@thebjeoc.org)

Any questions or concerns contact:

[familysupport@thebjeoc.org](mailto:familysupport@thebjeoc.org)